

## Data Collection Worksheet

**Please Note:** The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

How often have you experienced the following activities over the last 2 weeks?

|                                                                                               | Not at all | Rare, less than a day or two | Several days | More than 7 days | Nearly every day over the last 2 weeks |
|-----------------------------------------------------------------------------------------------|------------|------------------------------|--------------|------------------|----------------------------------------|
| 1. I felt dizzy, lightheaded, or faint, when I read or listened to news about the coronavirus | 0 [ ]      | 1 [ ]                        | 2 [ ]        | 3 [ ]            | 4 [ ]                                  |
| 2. I had trouble falling or staying asleep because I was thinking about the coronavirus.      | 0 [ ]      | 1 [ ]                        | 2 [ ]        | 3 [ ]            | 4 [ ]                                  |
| 3. I felt paralyzed or frozen when                                                            | 0 [ ]      | 1 [ ]                        | 2 [ ]        | 3 [ ]            | 4 [ ]                                  |

|                                                                                                                      |       |       |       |       |       |
|----------------------------------------------------------------------------------------------------------------------|-------|-------|-------|-------|-------|
| I thought about or was exposed to information about the coronavirus.                                                 |       |       |       |       |       |
| 4. I lost interest in eating when I thought about or was exposed to information about the coronavirus.               | 0 [ ] | 1 [ ] | 2 [ ] | 3 [ ] | 4 [ ] |
| 5. I felt nauseous or had stomach problems when I thought about or was exposed to information about the coronavirus. | 0 [ ] | 1 [ ] | 2 [ ] | 3 [ ] | 4 [ ] |

#### Scoring and interpretation

Total Score = Question 1 + Question 2 + Question 3 + Question 4 + Question 5

Each item of the CAS is rated on a 5-point scale, from 0 (not at all) to 4 (nearly every day), based on experiences over the past two weeks. This scaling format is consistent with the DSM-5's cross-cutting symptom measure. A CAS total score  $\geq 9$  indicates probable dysfunctional coronavirus-related anxiety. Elevated scores on a particular item or a high total scale score ( $\geq 9$ ) may indicate problematic symptoms for the individual that might warrant further assessment and/or treatment. Clinical judgement should guide the interpretation of the CAS results.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/960401>