



Data Collection Worksheet

Please Note: The Data Collection Worksheet (DCW) is a tool to aid integration of a PhenX protocol into a study. The PhenX DCW is not designed to be a data collection instrument. Investigators will need to decide the best way to collect data for the PhenX protocol in their study. Variables captured in the DCW, along with variable names and unique PhenX variable identifiers, are included in the PhenX Data Dictionary (DD) files.

Below are a series of statements about cigarette smoking. Please rate your level of agreement for each using the following scale. There are no right or wrong answers.

1. I often smoke without thinking about it

1 Not true of me at all

2

3

4

5

6

7 Extremely true of me

2. Cigarettes control me

1 Not true of me at all

2

3

4

5

6

7 Extremely true of me

3. I usually want to smoke right after I wake up

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

4. It's hard to ignore an urge to smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

5. The flavor of a cigarette is pleasing

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

6. I frequently smoke to keep my mind focused

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

7. I rely upon smoking to control my hunger and eating

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

8. My life is full of reminders to smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

9. Smoking helps me feel better in seconds

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

10. I smoke without deciding to

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

11. Cigarettes keep me company, like a close friend

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

12. There are particular sights and smells that trigger strong urges to smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

13. Smoking helps me stay focused

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

14. I frequently light cigarettes without thinking about it

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

15. Most of my daily cigarettes taste good

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

16. Sometimes I feel like cigarettes rule my life

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

17. I frequently crave cigarettes

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

18. Most of the people I spend time with are smokers

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

19. Weight control is a major reason that I smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

20. Some of the cigarettes I smoke taste great

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

21. I'm really hooked on cigarettes

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

22. Sometimes I feel like cigarettes are my best friends

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

23. My urges to smoke keep getting stronger if I don't smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

24. Seeing someone smoke makes me really want a cigarette

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

25. I find myself reaching for cigarettes without thinking about it

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

26. I would feel alone without my cigarettes

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

27. A lot of my friends or family smoke

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

28. Other smokers would consider me a heavy smoker

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

29. When I haven't been able to smoke for a few hours, the craving gets intolerable

1 Not true of me at all

2

3

4

5

6

7 Extremely true of me

30. Most of my friends and acquaintances smoke

1 Not true of me at all

2

3

4

5

6

7 Extremely true of me

31. I smoke within the first 30 minutes of awakening in the morning

1 Not true of me at all

2

3

4

5

6

7 Extremely true of me

32. Smoking helps me think better

1 Not true of me at all

2

3 []

4 []

5 []

6 []

7 [] Extremely true of me

33. Smoking really helps me feel better if I've been feeling down

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

34. Smoking keeps me from overeating

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

35. My smoking is out of control

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

36. I consider myself a heavy smoker

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

37. Even when I feel good, smoking helps me feel better

1 [] Not true of me at all

2 []

3 []

4 []

5 []

6 []

7 [] Extremely true of me

Scoring Procedure and Interpretation

Brief WISDM subscale	Scoring procedure
Affiliative Attachment	Mean of items 11, 22, 26
Automaticity	Mean of items 1, 10, 14, 25
Loss of Control	Mean of items 2, 16, 21, 35

Cognitive Enhancement	Mean of items 6, 13, 32
Craving	Mean of items 4, 17, 23, 29
Cue Exposure/Associative Processes	Mean of items 8, 12, 24
Social/Environmental Goads	Mean of items 18, 27, 30
Taste	Mean of items 5, 15, 20
Tolerance	Mean of items 3, 28, 31, 36
Weight Control	Mean of items 7, 19, 34
Affective Enhancement	Mean of items 9, 33, 37
Total Score	Sum of means for the 11 subscales

The scoring scheme reflects factors identified in the original publications. Factor structure may differ in individual studies.

Protocol source: <https://www.phenxtoolkit.org/protocols/view/520504>