
Domain: Health Related Behaviors

Pre-Pregnancy and Current Alcohol Use (Tier 2)

- In the month before you became pregnant, how often did you have a drink containing alcohol?⁶⁵
 - Never → **skip the next 2 questions**
 - Monthly or less
 - 2-4 times a month
 - 2-3 times a week
 - 4 or more times a week

- In the month before you became pregnant, how many standard drinks containing alcohol did you have on a typical day? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor)⁶⁶
 - 1 or 2
 - 3 or 4
 - 5 or 6
 - 7 to 9
 - 10 or more

⁶¹ [Pittsburgh Hill / Homewood Research on Neighborhood Change and Health \(PHRESH\)](#)

⁶² [PhenX: 3-item loneliness scale, UCLA Loneliness Scale](#)

⁶³ [PhenX: 3-item loneliness scale, UCLA Loneliness Scale](#)

⁶⁴ [PhenX: 3-item loneliness scale, UCLA Loneliness Scale](#)

⁶⁵ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

⁶⁶ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

- In the month before you became pregnant, how often did you have four or more standard drinks on one occasion? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor) ⁶⁷
 - Never
 - Less than monthly
 - Monthly
 - Weekly
 - Daily or almost daily

- In the **past month**, how often did you have a drink containing alcohol?⁶⁸
 - Never → *skip the next 2 questions*
 - Monthly or less
 - 2-4 times a month
 - 2-3 times a week
 - 4 or more times a week

- In the **past month** how many standard drinks containing alcohol did you have on a typical day? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor) ⁶⁹
 - 1 or 2
 - 3 or 4
 - 5 or 6
 - 7 to 9
 - 10 or more

- In the **past month**, how often did you have four or more standard drinks on one occasion? (A standard drink is one 12-oz bottle/can of beer, one 5 oz glass of wine, or one 1.5 oz shot of liquor) ⁷⁰
 - Never
 - Less than monthly
 - Monthly
 - Weekly
 - Daily or almost daily

Current Opioid Use (Tier 2)

- In the **past month**, how frequently have you used opiates, heroin, or other narcotics? (including prescription narcotics like Vicodin and OxyContin, etc.)⁷¹
 - Not at all
 - Rarely
 - Once a month
 - Several times a month
 - Once a week
 - Several times a week
 - Once a day
 - More than once a day

⁶⁷ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

⁶⁸ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

⁶⁹ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

⁷⁰ [All of Us Research Program: COVID-19 Participant Experience Survey \(COPE\)](#)

⁷¹ [Coronavirus Health Impact Survey \(CRISIS\)](#)

Current Weekday Hours of Sleep (Tier 2)

- In the **past seven days** was your sleep was restless?⁷²
 - Not at all
 - A little bit
 - Somewhat
 - Quite a bit
 - Very much

- In the **past seven days** what was your sleep quality?⁷³
 - Very poor
 - Poor
 - Fair
 - Good
 - Very good

⁷² [Pittsburgh Hill / Homewood Research on Neighborhood Change and Health \(PHRESH\)](#)

⁷³ [Pittsburgh Hill / Homewood Research on Neighborhood Change and Health \(PHRESH\)](#)