

The CoRoNaVirus Health Impact Survey (CRISIS) V0.3

Youth Self-Report Follow Up Form: Current Form

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The CRISIS questionnaires were developed through a collaborative effort between the research teams of Kathleen Merikangas and Argyris Stringaris at the National Institute of Mental Health Intramural Research Program Mood Spectrum Collaboration, and those of Michael P. Milham at the Child Mind Institute and the NYS Nathan S. Kline Institute for Psychiatric Research.

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Our team encourages advanced notification of any media, scientific reports or publications of data that have been collected with the CRISIS (merikank@mail.nih.gov), though this is not required. We also encourage voluntary data sharing for the purpose of psychometric studies that will be led by Dr. Stringaris (argyris.stringaris@nih.gov).

Identification Number:

Country:

State/Providence/Region:

Your age (years):

DAILY BEHAVIORS (PAST TWO WEEKS)

During the PAST TWO WEEKS:

- 1. ... on average, what time did you go to bed on WEEKDAYS?**
 - a. Before 8 pm
 - b. 8-10 pm
 - c. 10 pm-12 am
 - d. After midnight

- 2. ... on average, what time did you go to bed on WEEKENDS?**
 - a. Before 8 pm
 - b. 8-10 pm
 - c. 10 pm-12 am
 - d. After midnight

- 3. ... on average, how many hours per night did you sleep on WEEKDAYS?**
 - a. <6 hours
 - b. 6-8 hours
 - c. 8-10 hours
 - d. >10 hours

- 4. ... on average, how many hours per night did you sleep on average on WEEKENDS?**
 - a. <6 hours
 - b. 6-8 hours
 - c. 8-10 hours
 - d. >10 hours

- 5. ... how many days per week did you exercise (e.g., increased heart rate, breathing) for at least 30 minutes?**
 - a. None
 - b. 1-2 days
 - c. 3-4 days
 - d. 5-6 days
 - e. Daily

6. ... how many days per week did you spend time outdoors?
- a. None
 - b. 1-2 days
 - c. 3-4 days
 - d. 5-6 days
 - e. Daily